

4 Walking Routes in Helsinki

Helsinki

+ 1 Bonus Route

Includes route maps





Discover Helsinki's Gems

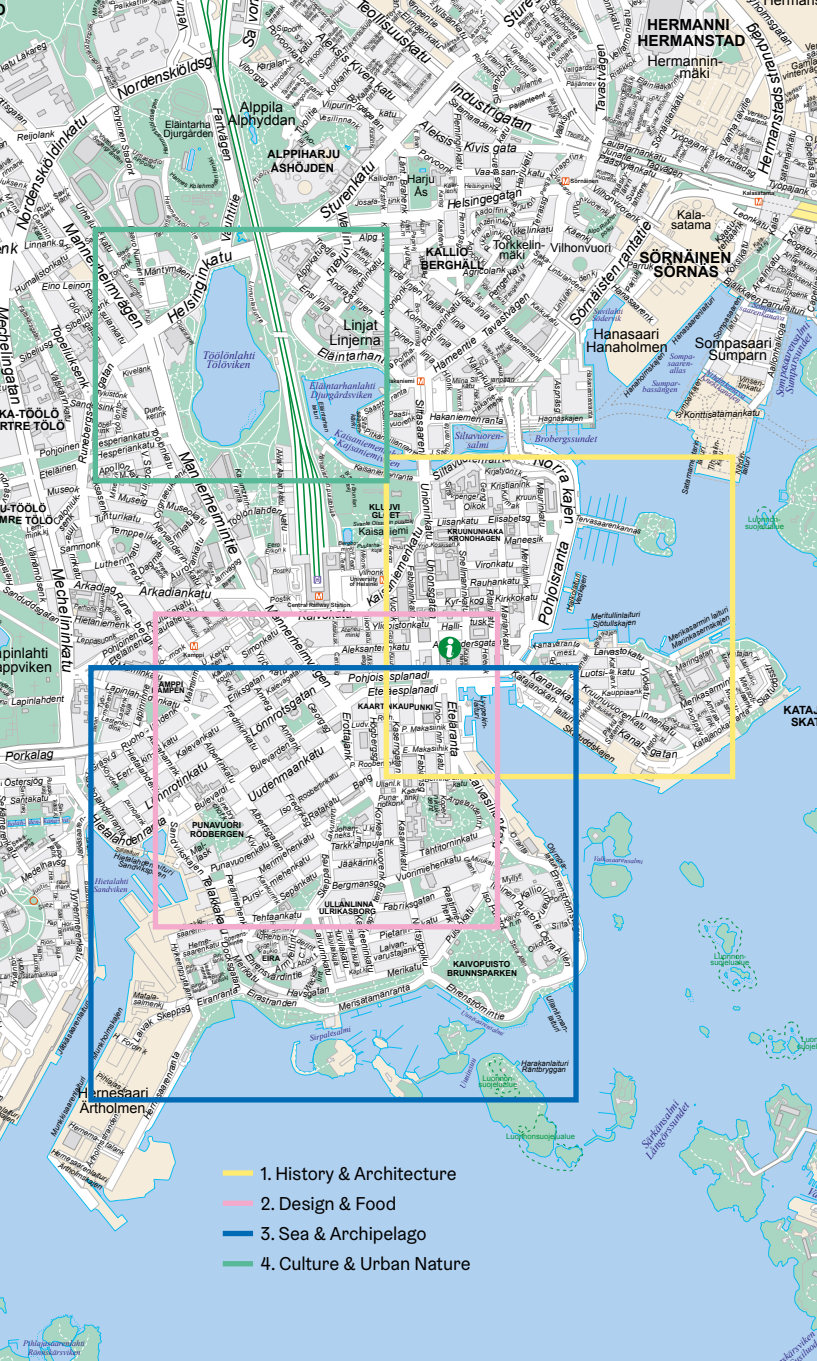
Helsinki is an ideal city for walking: the air is clean, the distances are short, and there's always something new and exciting around the corner. The walking routes in this brochure take you on a trip through the city's neighbourhoods, each with their own distinctive character. You'll also discover places loved by locals, as well as some hidden gems, too. And best of all, despite being in the urban heart of the city, the sea is always just a stone's throw away.

Pick the walking route that appeals to you the most or try all four!



City bikes are a sustainable way to get around Helsinki. During the city bike season, from April to October, well over 4,000 yellow city bikes are at your disposal.

Find out more: hsl.fi/en/citybikes



- 1. History & Architecture
- 2. Design & Food
- 3. Sea & Archipelago
- 4. Culture & Urban Nature



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Sauna Culture

There are over 3.3 million saunas in Finland. Going to sauna is known to be good for your health. Don't be concerned if you see other people in the sauna whipping themselves with fresh birch branches – it improves blood circulation and stimulates metabolism. Don't forget to rehydrate after your steamy session!

Find out more: myhelsinki.fi

Seurasaari

Seurasaari island is a public park open all year round. With its curious squirrels and friendly birds, it is an ideal place for a picnic or a peaceful walk in nature. The Seurasaari Open-Air Museum, open from mid-May to mid-September, boasts an exhibition of 88 separate wooden buildings that have been transported to the island from all across the Finnish countryside.



Bus 24



Tram 4

Buildings Designed by Alvar Aalto

- **Academic Bookstore**
Keskuskatu 1
- **Rautatalo Office Building**
Keskuskatu 3
- **Erottaja Pavilion**
(intended as an emergency-shelter entrance)
Erottajankatu 19
- **Finlandia Hall**
Mannerheimintie 13e
- **Interior and furnishing
of the Savoy Restaurant**
Eteläesplanadi 14

In addition to the above, Alvar Aalto's home and studio in the Munkkiniemi neighborhood are also well worth a visit. **Find out more:**
alvaraalto.fi/en



Helsinki's History

1550

Swedish king Gustav Vasa establishes Helsinki at the mouth of the Vantaa River (Vantaanjoki) by the Old Town Bay (Vanhankaupunginlahti)

1748

Construction begins on the massive sea fortress known today as Suomenlinna

1852

St. Nicholas' Church (Helsinki Cathedral) is consecrated

1952

Helsinki hosts the Summer Olympics

2012

Helsinki is World Design Capital

2019

Helsinki is a European Capital of Smart Tourism

The History Helsinki website is a digital treasure trove of the city's past. The site is regularly updated and maintained by the City of Helsinki's History Committee. historia.hel.fi/en

1640

The centre of Helsinki moves to its current location on the Vironniemi peninsula in what is now the Kruununkhaka district

1812

Helsinki is made the capital of Finland

1917

Finland proclaims independence on 6 December, and Helsinki becomes the capital of the young republic

2000

Helsinki is a European Capital of Culture

2017

Finland celebrates 100 years of independence

2024

Helsinki on the top position in the Global Destination Sustainability Index

History & Architecture

Travel back in time and discover the history of Helsinki! The city's historic Neoclassical centre around Torikorttelit and Senate Square is now full of new life. The Kruununkhaka district takes its name from the grazing grounds or paddocks for the horses of the Swedish Crown that once stood there. The adjoining Katajanokka district, with its Art Nouveau quarters, invites you to admire the ornamental details inspired by nature and the variety of windows in the buildings.

1

Route length approx. 2 km



1 Senate Square

The historical central square of Helsinki and the former heart of commerce. Dating as far back as the 1640s, the **Senate Square** was the site of a town hall, a church, and a cemetery. The location of the old wooden church is marked on the cobblestones, and archaeological excavations uncovered over 130 graves from beneath the square. Today, it serves as a venue for events and meetings. The **Government Palace** (1822), its Corinthian columns reflecting state power, was the first major commission from the German-born architect Carl Ludvig Engel. His other work, the **University Main Building** (1832), stands on the opposite side, with its Ionic columns representing education.

2 Helsinki Cathedral (1852)

Characterised by its clean outlines and minimal number of pictures, the Helsinki Cathedral, designed by C. L. Engel, is one of Helsinki's most recognisable landmarks. In the summer, the cathedral crypt turns into a café and exhibition space. Go buy an ice cream, sit on the steps of the cathedral among the locals, and enjoy the view!

3 Torikorttelit

Design shops and restaurants have found their way into the 18th and 19th century merchants' houses. Pop in for good food, tasty drinks, and why not even a movie at **Kino Engel**! Those with keen senses may find a speakeasy on Katariinankatu. **Restaurants in the area:** *Brasa, Bryggeri, Café Engel, El Fant, Salutorget, Savotta, Sofia Helsinki, Sunn, Trillby & Chadwick, Via Tribunali.*

4 Helsinki City Museum

This child-friendly museum presents the history of the city through innovative means and changing exhibitions that are always free of charge. **Sederholm House** is the oldest stone building in the city centre, dating back to 1757. Inside you will find a museum shop and a café.

5 House of Nobility (1862)

Designed by Georg Theodor Chiewitz, this impressive building was designed as a meeting place for the Finnish nobility. These days it is also used to host classical music concerts and banquets.

6 Presidential Palace (1820)

Originally designed by Pehr Granstedt as a private residence, this building was redesigned by Engel to serve as an imperial palace. After Finland gained independence, it served as the official residence of presidents and is now used for state functions. It is protected by the **Main Guard Post** (1843) designed by Engel.

7 Former Enso-Gutzeit and Stora Enso Headquarters (1962)

The iconic white marble building on the edge of the Market Square, nicknamed the Sugar Cube, was designed by the legendary Finnish architect Alvar Aalto.

8 Uspenski Cathedral (1868)

Western Europe's largest Orthodox church is one of the clearest symbols of the Russian impact on Finnish history. The red-brick cathedral with golden cupolas was designed by the Russian architect Alexey Gornostaev. About 2 per cent of Finland's population belong to the Orthodox faith.

9 Tove Jansson Park

The park is named after Tove Jansson, the beloved Finnish artist and creator of the Moomins, and is located near Luotsikatu street, where she once lived. The park is home to maples, mock-oranges, lilacs, cherry trees and ornamental apple trees.

10 Katajanokka Customs Warehouse (1901)

This building replaced the two previous customs warehouses in the Kruununuhaka district. It was designed by Gustaf Nyström in a Neo-Renaissance style combined with Art Nouveau.

11 Katajanokka Art Nouveau District (1901–1910)

The Katajanokka district boasts an internationally unique collection of Art Nouveau (Jugend) buildings. Walking along the streets, you can admire the ornamental nature-inspired details of the buildings, including the breathtaking diversity of their windows.

12 Icebreakers (1954–2016)

The impressive fleet of icebreakers – Voima, Urho, Sisu, Otso, Kontio, and Polaris – lies just a short walk away. While the ships can only be visited by invitation, their colourful mailboxes make for great photos!

13 Katajanokka's converted warehouses

Sitting beside the charming red-brick walls while enjoying delicious food and drink can transport you back in time. Originally built in the 19th century, the warehouses now provide the perfect setting to watch yachts sail by while you dine. **Restaurants in the area:** *Holiday, Johan & Nyström, Niska Helsinki, Nokka, Shelter, Wellamo.*

14 Relandersgrund (1888)

This historic lighthouse ship was once used for hydrographic surveys and later as a private summer villa. For a while it even rested on the seafloor before being rescued from the scrap yard in 1991. Climb aboard and enjoy a drink while enjoying the authentic maritime atmosphere!

15 Halkolaituri Pier (1891) (view to the icebreakers)

This port was used for unloading ships as early as the 17th century. Today it is used by traditional wooden sailing ships. In winter, when the ice is thick enough, it is also used by skaters.

16 Tervasaari Island

This small island was used in the 17th century to store tar, hence the name “Tar Island.” The **storehouse** (1805) is the only original building that has survived.

17 Liisanpuistikko Park

Designed by Gunnar Finne and Armas Lindgren in 1921, the **Battle of Pellinki Memorial** for the victims of the 1918 Civil War can be found in this small park. The **red-brick barracks** opposite the park were once used by the Rifle Battalion and the Military Museum. The restaurant **Svenska Klubben** was originally an English-style house that the diplomat Ossian Donner had built for his family in 1901.

18 Burgher's House (1816)

The Burgher's House is the oldest surviving wooden building in Helsinki. Decorated in the style of a modest middle-class home of the 1860s and 70s, the house is now a part of the Helsinki City Museum.

19 National Archives of Finland (1890)

The oldest section of the National Archives building was designed by Gustaf Nyström and completed in 1890. On the roof is a statuary group of three women, originally sculpted by C.E. Sjöstrand, symbolising Finland surrounded by the goddesses of the study of history and written history.

20 House of the Estates (1890)

The House of the Estates was designed by Gustaf Nyström as a meeting place for the commoner estates: the clergy, the burghers and the landed peasantry.

History & Architecture

1 Senate Square

2 Helsinki Cathedral

3 Torikorttelit

Restaurants in the area: Brasa, Bryggeri, Café Engel, El Fant, Olo, Salutorget, Savotta, Sofia Helsinki, Sunn, Trillby & Chadwick, Via Tribunali.

4 Helsinki City Museum

5 House of Nobility

6 Presidential Palace

7 Stora Enso Headquarters

8 Uspenski Cathedral

9 Tove Jansson Park

10 Customs Warehouse

11 Katajanokka Art Nouveau District

12 Icebreakers

13 Katajanokka's converted warehouses

Restaurants in the area: Holiday, Johan & Nyström, Niska Helsinki, Nokka, Shelter, Wellamo.

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17 Liisanpuistikko Park

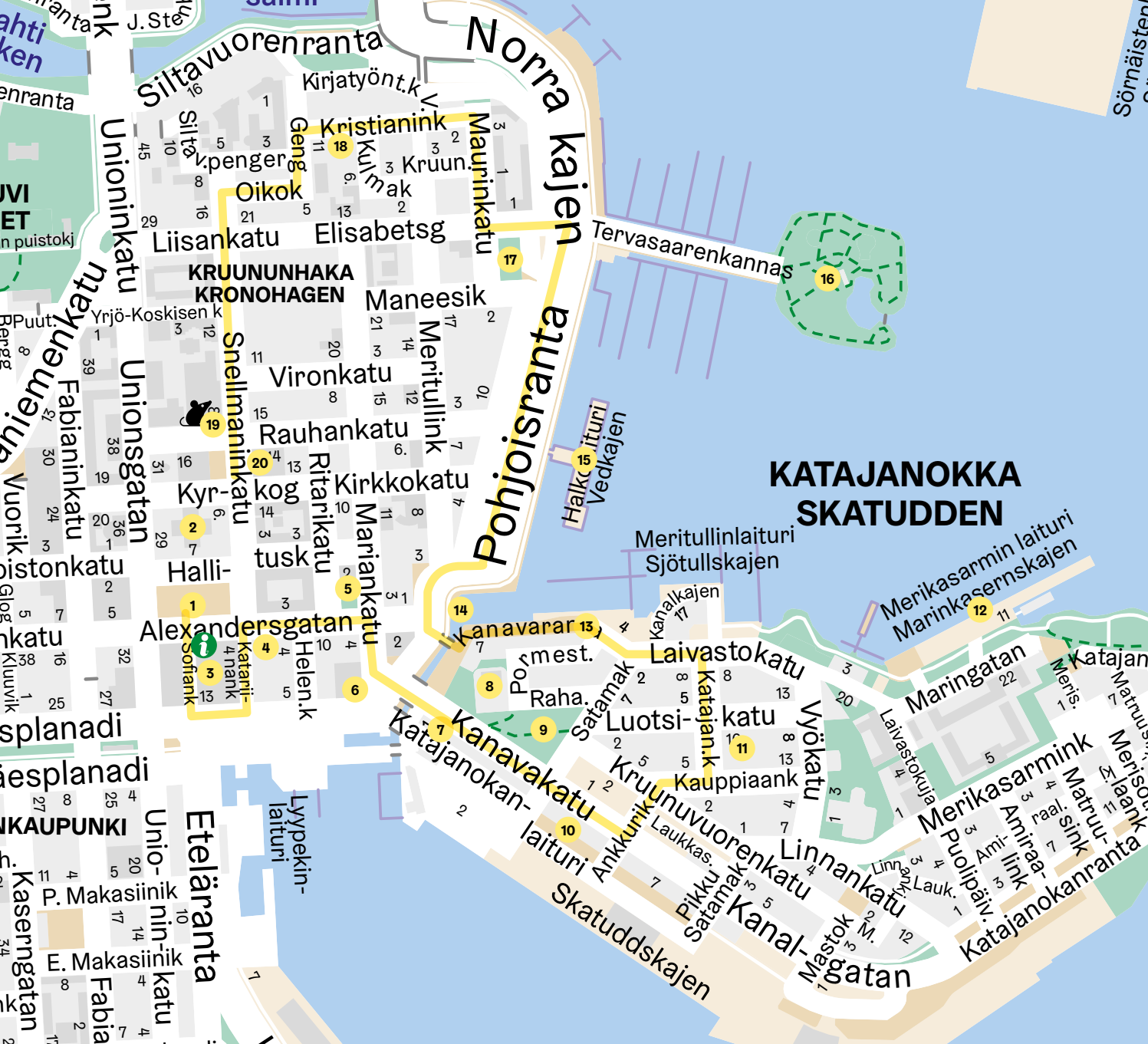
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19 National Archives of Finland

20 House of the Estates



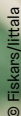
Find the smallest public sculpture in Helsinki!



2

Find out more: myhelsinki.fi and designdistrict.fi/en

Route length approx. 1.5 km



1 Torikorttelit

Torikorttelit is home to many boutiques specialising in Finnish design. **Lapuan Kankurit** offers a wide range of textiles woven in Finland from natural materials. **LUMI Supermarket** sells timeless leather bags and accessories, and **OKRA Shop** features unique products from Finnish craftspeople and artists.

2 Iittala & Arabia Flagship Store Esplanadi

The flagship store of Iittala, one of the leading Nordic design brands, sells all its main products along with rare specialties and glass art. The Arabia brand has been a mainstay in Finnish homes for over 140 years.

3 Aarikka

Founded in 1954, Aarikka is a Finnish lifestyle design brand known for round shapes, vibrant colours and wood.

4 Fazer Café

One of the most classic cafés in Helsinki. This local favourite offers buns, artisan cakes and classic pastries made by hand in their own bakery.

5 Marimekko

This classic Finnish design brand was founded in 1951 and is known above all for its eye-catching patterns and colours. Marimekko offers clothing, bags and accessories, as well as household products from interior textiles to tableware.

6 Kalevala Flagship Store

Founded in 1937 and owned by the Kalevala Women's Association, Kalevala Jewelry combines timeless art, craftsmanship and sustainable design. Honouring and empowering girls and women is an important part of the company's philosophy. All Kalevala jewelry is handcrafted in Helsinki.

7 Artek

Famous for its furniture created by legendary Finnish designer Alvar Aalto, Artek is one of the most innovative modern design companies and a flagship for Finnish interior design. The pure design language, durability and high quality of Aalto's products have helped guarantee Artek's success for over 70 years. Further information about Alvar Aalto's home museum and studio:

alvaraalto.fi/en.

8 Savoy Restaurant & Café Savoy

The Savoy has served guests for nearly 90 years, overlooking the Esplanade Park in the heart of Helsinki. The interior was designed by the famous Alvar and Aino Aalto and furnished by Artek. Many local and international celebrities have visited this landmark – and continue to do so.

9 Alexanderplats

Located on Eteläesplanadi, this high-quality restaurant has a cosy bar and plenty of tables for diners. The brasserie serves European classic dishes made from the best seasonal ingredients.

10 Johanna Gullichsen Flagship Store

This store offers woven fabrics, homewares and fashion accessories whose high quality, timeless patterns and refined colours add a touch of luxury to everyday life. The clear geometrical patterns are perfect for both modern and traditional interiors.

11 Restaurant Vinkkeli

A timelessly stylish food and wine restaurant in a beautiful historical building. High-quality classic dishes and carefully selected wines.

12 Design Museum & Museum of Finnish Architecture

The **Design Museum** is a must for any fan of design. The museum offers unique design experiences and new perspectives on multifaceted design. On the same block you will find the **Museum of Finnish Architecture**, where the permanent exhibition presents the country's architectural heritage from the 20th century.

13 Helsinki Secondhand & Fasaani Antiikki

A great way to discover the history of Finnish design is to visit Helsinki's antique stores. **Helsinki Secondhand** sells design and vintage furniture from the 1950s and 1960s, as well as ceramics, glass and art. At the same address, **Fasaani Antiikki** sells copper, silver, ceramics and vintage clothing.

14 Patisserie Teemu Aura

This quarter café offers products to everyday luxury moments as well as to parties and celebrations. In the summer season a cute bun mobile drives around the city.

15 Lilja the Label

Lilja the Label is a sustainable Finnish brand that creates high quality swimwear made mainly from regenerated nylon from recycled plastic, such as plastic collected from the oceans.

16 Restaurant Nolla

The first Nordic restaurant to operate on the zero waste principle. Nolla serves delicious and inventive dishes based on the values of sustainable development and circular economy. Locally produced organic ingredients and naturally produced high-quality wines from small producers are at the heart of the restaurant's operations. The restaurant also has its own microbrewery.

17 Liike

Liike is a showcase for Finnish new-wave fashion design and includes brands such as Dusty, Ahtinna Kolea, The FNRM, Miia Halmesmaa, jaanahaaksiluoto and vainio.seitsonen.

18 Kultá Kitchen & Bar

Lapland Hotels Bulevardi and its restaurant Kultá offers a memorable meal in a Lappish setting. The menu is a tribute to the rich nature of the North and to world's purest ingredients found here.

19 Restaurant Muru

An atmospheric food and wine restaurant that prepares dishes from first-class ingredients. The restaurant's offerings include a daily menu with four dishes that emphasise seasonality.

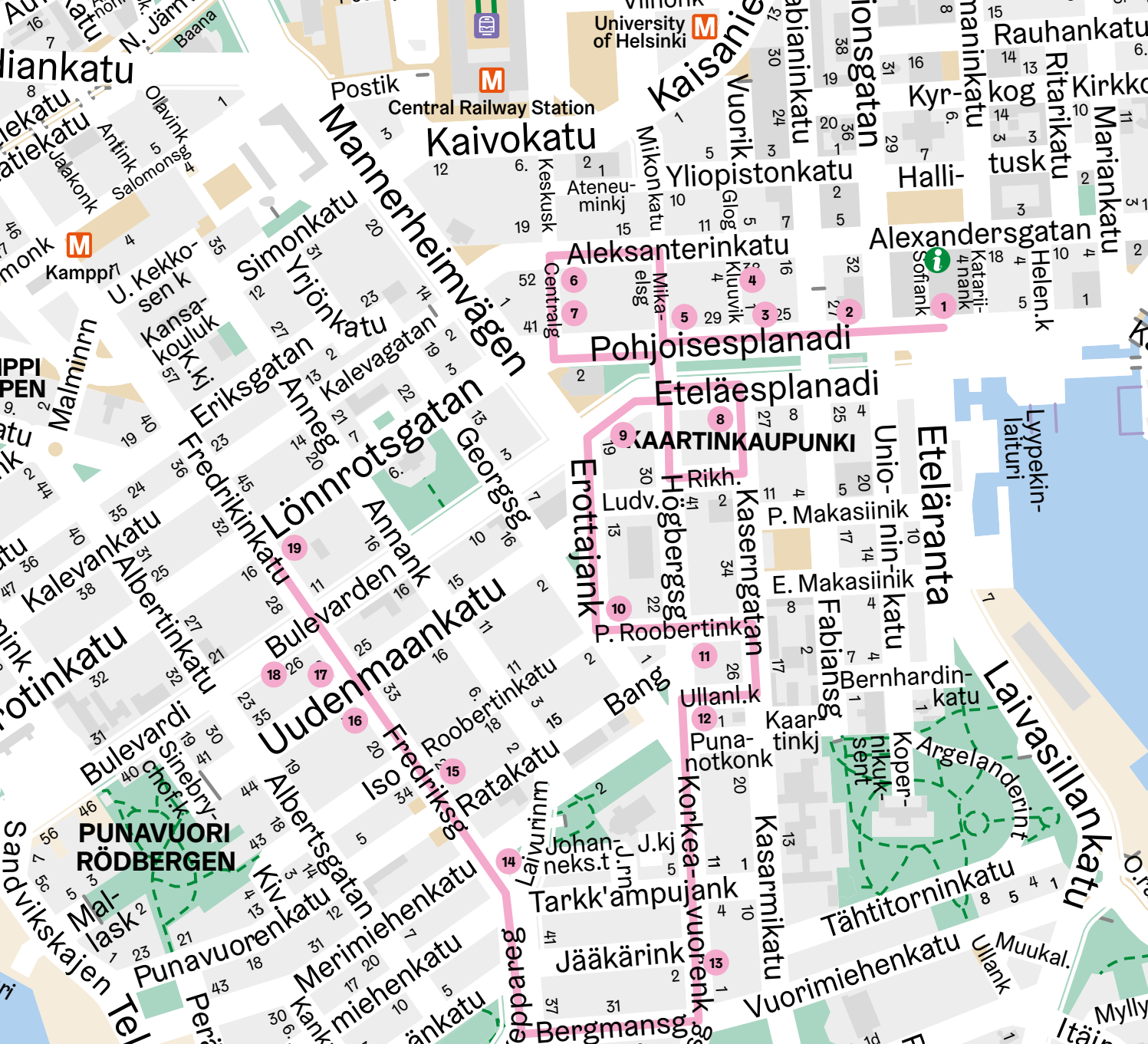
Design & Food

- 1 Torikorttelit
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- 4 Fazer Café
- 5 Marimekko
- 6 Kalevala Flagship Store
- 7 Artek
- 8 Savoy Restaurant & Café Savoy
- 9 Alexanderplatz
- 10 Johanna Gullichsen Flagship Store
- 11 Restaurant Vinkkeli
- 12 Design Museum & Museum of Finnish Architecture
- 13 Helsinki Secondhand & Fasaani Antiikki
- 14 Patisserie Teemu Aura
- 15 Lilja the Label
- 16 Restaurant Nolla
- 17 Liike
- 18 Kultá Kitchen & Bar
- 19 Restaurant Muru



Hop on tram 6 to the Arabia Museum
(opening spring 2025).

Journey Planner: hsl.fi/en



Sea & Archipelago

The most wonderful thing in Helsinki is the sea. You can sense the proximity of the water everywhere, as it surrounds the city on three sides. Helsinki has 130 kilometres of shoreline and 300 islands in the archipelago. Many of the islands are recreational areas that you can get to by taking a ferry from the mainland. To protect yourself against tick bites, please wear closed-toe shoes when visiting the islands.

3

Route length approx. 3.5 km



1 Allas Sea Pool, Helsinki Skywheel and Flying Cinema Tour of Helsinki

Allas Sea Pool is a sea spa and urban oasis right next to the Market Square. You can enjoy the views over the city and sea from the **Helsinki Skywheel**, even while taking a sauna! **Flying Cinema Tour of Helsinki** is a 4D experience that takes viewers to the most popular sights in Helsinki.

2 Market Square

One of the most popular places to visit and a departure point for ferries and summer sightseeing cruises, some of which go all the way to Porvoo. The Helsinki Baltic Herring Market, one of the oldest ongoing events in Helsinki, takes place on the Market Square every autumn.

3 Ferries and cruises from the Market Square

All year round:

Suomenlinna Sea Fortress (1748)

Suomenlinna is a UNESCO World Heritage Site and one of the most popular tourist attractions in Finland. The defence fortress has been through many phases in history first during the Swedish rule, then the Russian Empire, and, finally, the Republic of Finland. With its museums, restaurants and events, the fortress provides an unforgettable experience for visitors of all ages. It is also home to 850 permanent residents.

In summertime:

Korkeasaari Zoo (1889)

On Korkeasaari Island you will find animals from the tundra to the tropics. The zoo is committed to protecting endangered species. Waterbuses run from the Market Square during the summer season (May–September) and bus 16 from the Rautatientori Square all year round.

Vallisaari

The island of Vallisaari was left in a natural state for decades before being opened to the public in 2016. Its wild nature offers a ruggedly beautiful and relaxing setting just off the coast of the city centre. The island has cafés and picnic areas, as well as other services such as guided tours and recreation days.

Lonna

Lonna is a pretty little island that was once used by the navy to demagnetise ships in order to protect them from mines. The island is now open to the public as a recreational area complete with a restaurant, bar and sauna.

4 Old Market Hall (1889)

In addition to buying groceries, the Hall is a place for enjoying the offerings of cafés and restaurants and acquiring Finnish specialties such as reindeer and bear meat and a wide variety of fish products.

5 Observatory Hill and Helsinki University Observatory (1834)

During the Middle Ages, the hill overlooking the harbour was used to burn signal fires to warn locals of threats from the sea. The **observatory** that now sits atop the hill was designed by Carl Ludvig Engel and serves as a museum and visitor centre.

6 Kaivopuisto Park (1886)

“Kaivari” is one of the oldest and most popular parks in Helsinki. A spa was built in the 1830s on what was then an unpopulated peninsula, and it became a popular holiday spot for wealthy visitors from St. Petersburg. The **Ursa Observatory (1926)** is the most prominent landmark of the park.

7 Café Ursula

Established in 1952, this popular seaside café serves lunch and a wide range of salty and sweet delicacies.

8 Mattolaituri

This popular summer café gets its name from the adjacent rug washing piers, where locals still wash their rugs in summertime.

9 Uunisaari

Uunisaari islands can be reached by taking a small ferry from the Merisatama shoreline in the summer or by crossing the bridge in the winter. The red-brick building on the northern island was once a paint factory, but now houses a café and restaurant. The island has a secluded beach for swimming.

10 Cafe Carusel

This seafront café boasts one of the largest terraces in Helsinki.

11 Pihlajasaari

Pihlajasaari is another popular recreational island with beautiful beaches and cliffs. For naturists there is a separate beach. The restaurant is open during the summer season. Camping is permitted in the designated area on Eastern Pihlajasaari for a fee, and ferries to the island depart from Merisatama and Ruoholahti (May–September).

12 Eiranranta Boulevard

One of the most beautiful waterfront routes in Helsinki. Stop by the summer café **Birgitta** or take a dip in the sea from the small beach.

13 Löyly

Löyly is an example of organic architecture, as the modern wooden sauna complex blends in perfectly with the shoreline. Löyly is open year round and offers a restaurant, terraces overhanging the sea and on the roof, and three saunas.

14 Telakkaranta

This old shipyard and industrial area is being transformed into a modern residential area. The most significant building is the red-brick **machine shop hall**, which is being renovated for cultural, restaurant and event activities.

15 Eira Art Nouveau District

Together with Katajanokka, Eira is Helsinki’s most important Art Nouveau quarter, where sturdy buildings and pastel-coloured houses stand side by side. Snap an Instagram photo on Huvilakatu, considered one of the most beautiful streets in Helsinki!

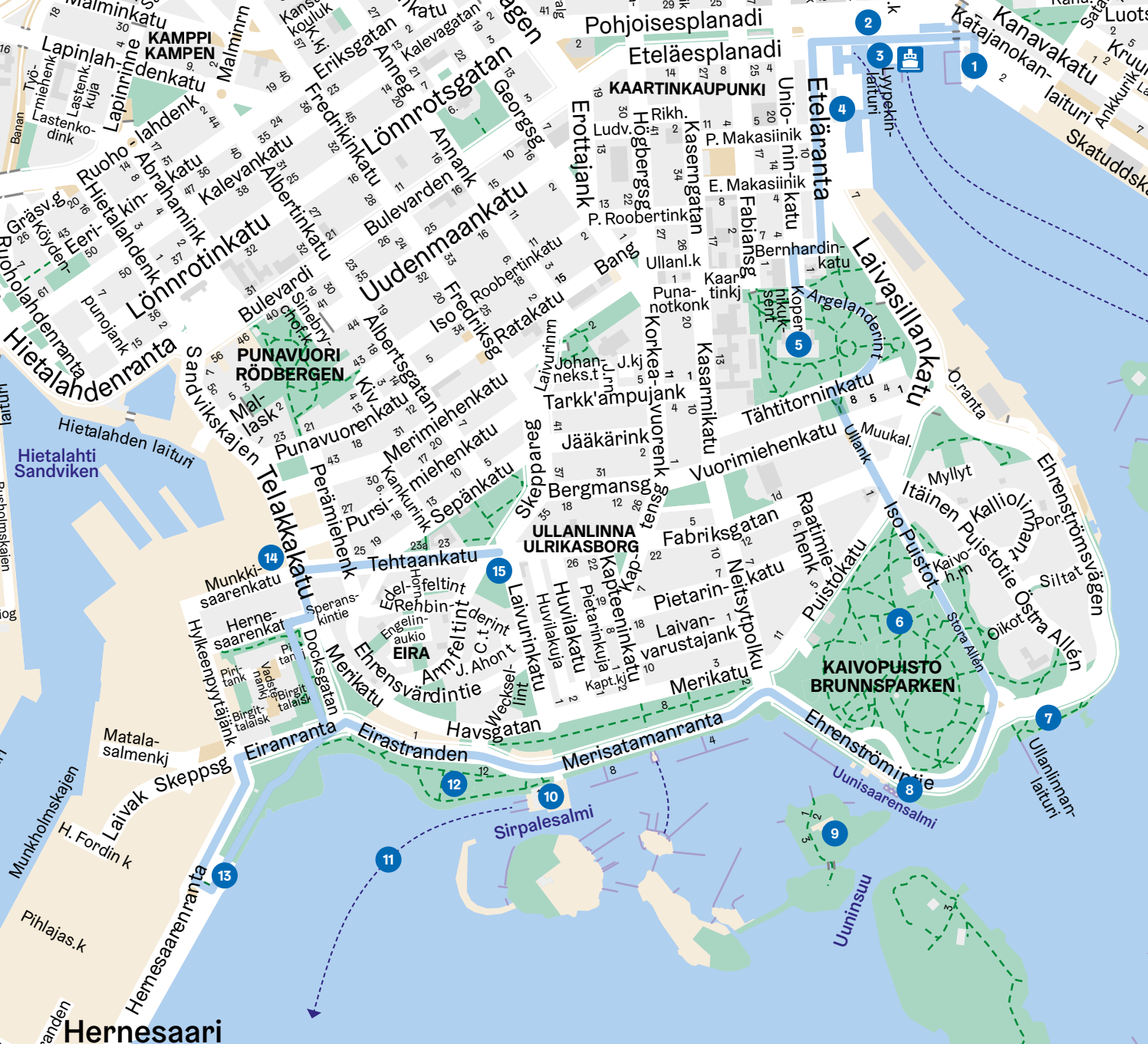
Sea & Archipelago

- 1 Allas Sea Pool, Helsinki Skywheel and Flying Cinema Tour of Helsinki
- 2 Market Square
- 3 Ferries and cruises from the Market Square
- 4 Old Market Hall
- 5 Observatory Hill and Helsinki University Observatory
- 6 Kaivopuisto Park
- 7 Café Ursula
- 8 Mattolaituri
- 9 Uunisaari
- 10 Cafe Carusel
- 11 Pihlajasaari
- 12 Eiranranta Boulevard
- 13 Löyly
- 14 Telakkaranta
- 15 Eira Art Nouveau District



The best way to experience the maritime appeal of Helsinki is with an archipelago cruise. In addition to admiring the breathtaking views, you can also enjoy a meal onboard. Cruises depart from the Market Square and operate throughout the summer season. M/s J. L. Runeberg will take you all the way to the idyllic town of Porvoo.

Helsinki also has many island restaurants that serve everything from summer snacks to gourmet dinners.



Hernesaari

Culture & Urban Nature

In Töölönlahti, where calm and hurry alternate, you can experience the many faces of Helsinki at the same time. Both birds and opera singers offer concerts in the area. On this walking route, you can enjoy peace and quiet and yet remain in the centre of events.

4

Route length approx. 4 km



1 Ateneum Art Museum

Housed in a Neo-Renaissance building designed by Theodor Höijer and completed in 1887, Ateneum is home to Finland's oldest and largest art collection, spanning from the 18th century to modern works. The museum is part of the Finnish National Gallery and hosts both Finnish and international exhibitions.

2 Helsinki Central Railway Station

Designed by architect Eliel Saarinen and opened in 1919, the granite station building is known for its clock tower and sculptor Emil Wikström's Lyhdynkantajat ('Lantern Carriers') sculptures.

3 Amos Rex

Completed in 2018, Amos Rex is an art museum designed by JKMM Architects. The museum consists of new underground exhibition spaces and the Lasipalatsi facilities built in 1936. The hilly Lasipalatsi square serves as the roof of the exhibition space.

4 Museum of Contemporary Art Kiasma

Kiasma is part of the Finnish National Gallery and one of the leading museums of contemporary art in the Nordic countries. The building was designed by the American architect Steven Holl and opened in 1998. The museum also houses a library and a theatre.

5 Natural History Museum

The museum exhibits the nature in Finland and elsewhere in vivid detail. The building, completed in 1913, was originally a school for Russian-speaking boys.

6 Parliament Building

The Parliament Building was designed by J. S. Sirén and completed in 1931. It represents the 1920s' classicism, albeit with some characteristics of functionalism. The plenary sessions are open to the public, and guided tours of the Parliament Building are available by reservation.

7 Musiikkitalo

Designed by the architectural firm LPR Architects, Musiikkitalo ('Music Centre') opened in 2011 both as a concert venue and a meeting point for everyone. Its resident organisations are the Helsinki Philharmonic Orchestra, the Finnish Radio Symphony Orchestra and the University of the Arts Helsinki's Sibelius Academy.

8 Villa Hakasalmi

Completed in 1846, Villa Hakasalmi serves as an exhibition space of the Helsinki City Museum. The most famous resident of the villa was Aurora Karamzin (1808–1902), an influential Finnish philanthropist.

9 National Museum of Finland

(Closed for renovation 2023–spring 2027.) Completed in 1916, the museum is one of Finland's most significant buildings following the style of National Romanticism. It was designed by architects Herman Gesellius, Armas Lindgren and Eliel Saarinen.

10a Finlandia Hall

Alvar Aalto's legendary creation, Finlandia Hall, completed in 1971 and renovated in 2022–2024, is a versatile event venue for congresses, concerts, exhibitions and other events. Finlandia Hall combines architecture, design, functionality and atmosphere in a unique way.

10b Little Finlandia

Little Finlandia, designed by architecture students from Aalto University, showcases modern wood construction with its load-bearing structure made of 95 carefully selected pine trees. This temporary space houses a café and serves as a venue for live music, events, and congresses.

11 Hesperia Park

Surrounding the Töölönlahti shore, Hesperia Park is a popular place for relaxation. In the 19th century, the area featured a restaurant and a variety of activities. When the lease on the property ended in 1892, it became a public park.

12 Opera House

The new building for the Finnish National Opera and Ballet was designed by the architect trio Eero Hyvämäki, Jukka Karhunen and Risto Parkkinen. The building was inaugurated in 1993.

13 Olympic Stadium

The first construction phase of the Olympic Stadium was completed for the 1940 Summer Olympics, which were cancelled due to the World War II. The Olympic Games were eventually held in Helsinki in 1952. The Olympic Stadium has undergone an extensive renovation and expansion process, which was completed in 2020. The **Sports Museum of Finland, TAHTO**, was opened in connection with the stadium, and the **stadium tower** is a popular attraction.

14 Swimming Stadium

Designed by architect Jorma Järvi, the Swimming Stadium was built for the 1940 Summer Olympics. It served as a competition arena in the Helsinki Summer Olympics in 1952.

15 Winter Garden

The Winter Garden has served as a recreation and meeting spot for Helsinki residents for more than 130 years. The distinguished oasis of exotic plants invites visitors on a green adventure all year round.

16 Linnanmäki Amusement Park

Linnanmäki is Finland's oldest and most popular amusement park with more than 40 attractions and games, as well as restaurants and cafés. The most popular attraction of the amusement park continues to be its wooden roller coaster from 1951.

17 Linnunlaulu villas

The wooden houses along Linnunlauluntie were built in the 19th century. Writers' House Villa Kivi features working spaces for writers, while the other buildings are in residential use. **Blue Villas Cafe** and **Cafe Taideterassi** operate by the villas.

18 SUP rentals

Rental companies provide SUP boards for recreation.

19 Töölönlahti Park

Surrounded by the city centre and its many cultural facilities, Töölönlahti Park is being developed with the residents' wishes in mind. This popular park offers playgrounds, flower meadows and opportunities for activity and relaxation.

20 Kansalaistori Square

Kansalaistori Square is a popular area for recreational activities and events in the heart of the city.

21 Central Library Oodi

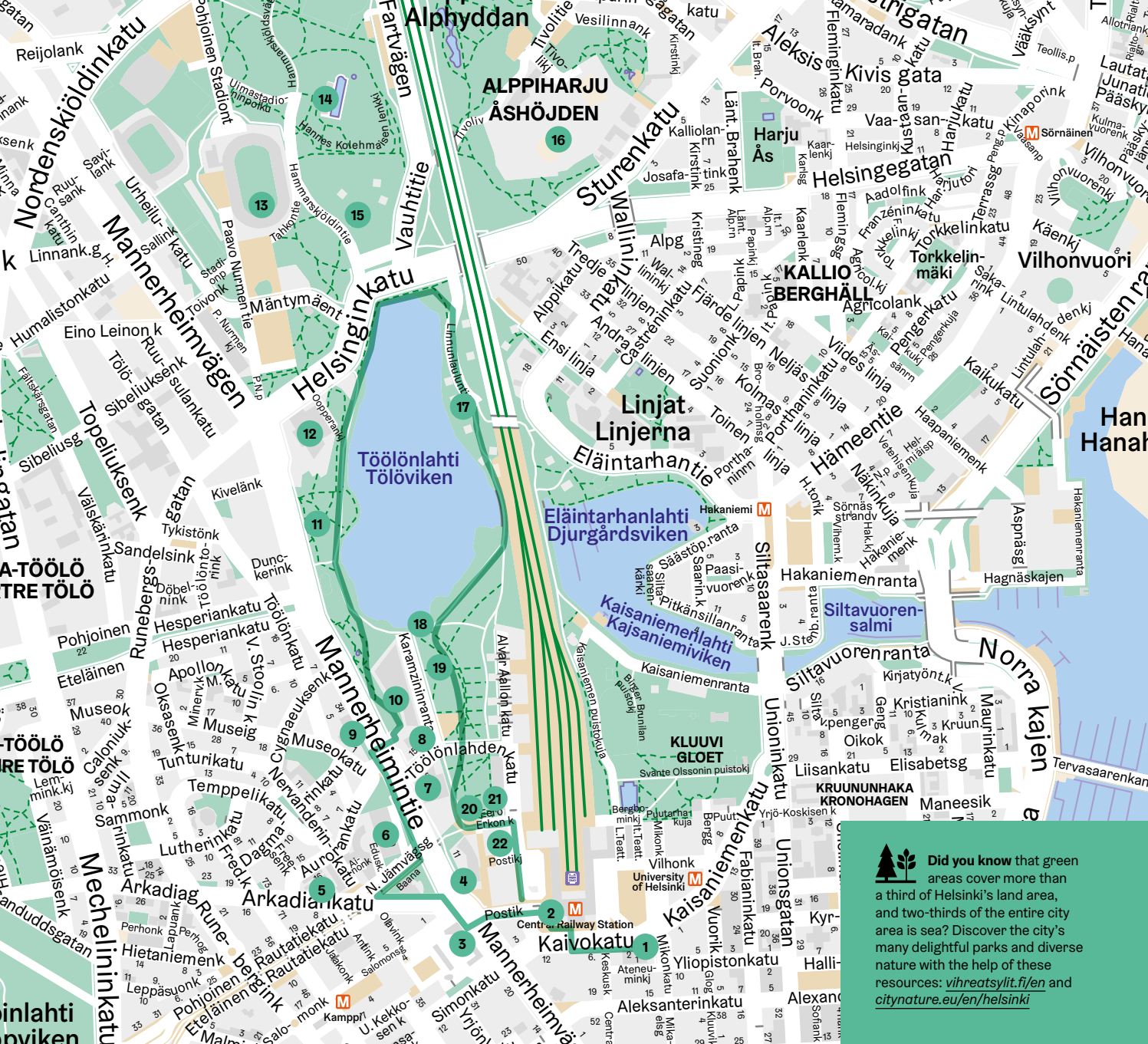
Oodi was completed in 2018 to celebrate Finland's 100 years of independence. In addition to books, the library has recording studios, 3D printers, cafés and a cinema. The new living room for Helsinki residents is open seven days a week.

22 Sanoma House

Sanoma House houses the editorial offices of Finland's largest newspapers, magazines and radio stations, the headquarters of several companies and open space for meetings and events. The building, designed by Jan Söderlund and Antti-Matti Siikala, was completed in 1999. Take a break at the popular **Fazer Café** on the first floor.

Culture & Urban Nature

- 1 Ateneum Art Museum
- 2 Helsinki Central Railway Station
- 3 Amos Rex
- 4 Museum of Contemporary Art Kiasma
- 5 Natural History Museum
- 6 Parliament Building
- 7 Musiikkitalo
- 8 Villa Hakasalmi
- 9 National Museum (Closed for renovation 2023–spring 2027)
- 10 Finlandia Hall & Little Finlandia
- 11 Hesperia Park
- 12 Opera House
- 13 Olympic Stadium
- 14 Swimming Stadium
- 15 Winter Garden
- 16 Linnanmäki Amusement Park
- 17 Linnunlaulu villas
- 18 SUP rentals
- 19 Töölönlahti Park
- 20 Kansalaistori Square
- 21 Central Library Oodi
- 22 Sanoma House



 **Did you know** that green areas cover more than a third of Helsinki's land area, and two-thirds of the entire city area is sea? Discover the city's many delightful parks and diverse nature with the help of these resources: vihreatsyltit.fi/en and citynature.eu/en/helsinki

Urban Oases – Events and Urban Culture

The Helsinki city centre is surrounded by a group of developing urban oases that allow you to experience the local urban culture at its best. Here are our tips for experiencing these areas!



KALLIO WALKING ROUTE

Kallio is a former working-class neighbourhood that is now a trendy district for artists and students. Kallio is the most densely populated urban area in Finland, and its streets are lined with a wide range of cafés, restaurants, bars and brick-and-mortar stores. Kallio is authentic, honest and down to earth.

1 Hakaniemi Market Square (1897) and Market Hall (1914)

Locals do much of their grocery shopping at the open-air market and indoor market hall. Enjoy a delicious breakfast, lunch or dinner in one of the hall's charming cafés and restaurants.

2 Karhupuisto – Bear Park

Karhupuisto gets its name ('Bear Park') from the red granite sculpture in the park entitled **The Bear on the Anthill**, made by Jussi Mäntynen in 1931. The park is a popular gathering spot, especially during public events like Kallio Kukki Festival and Kallio Block Party. The **summer kiosk** and the iconic gay café **Bear Park Café** fly the rainbow flag.

3 Kallio Church (1912)

The grey granite Kallio Church designed in National Romantic and Art Nouveau style by Lars Sonck has room for up to 1,100 churchgoers. The seven church bells play a melody composed by the legendary Finnish composer Jean Sibelius; the bells can be heard daily at noon and 18:00.

4 Kotiharju Sauna (1928)

The oldest traditional wood-heated public sauna in Helsinki. It attracts many locals and visiting sauna enthusiasts with the soft heat of its sauna stoves. Treatments can be ordered in advance, including cupping, and you can purchase soft drinks and birch whisks or rent a towel from the front desk.

5 Riviera Kallio

Riviera Kallio is an atmospheric cinema and bar where you can watch a film and enjoy tapas, beers and wines. The bar's pride and joy is its movie-themed cocktail list.

6 Restaurant Cella

Cella is a traditional and cosy restaurant that serves Finnish and Slavic-inspired dishes, including sautéed reindeer, vorschmack, blinis and deep-fried herring fillets. The bar section features a wide selection of beers and board games.

TRAIN FACTORY

The Train Factory is a key piece of Helsinki's and Finland's industrial heritage. Established in 1903, the Train Factory built the passenger and cargo cars for the Finnish Railways (VR) until well into the 1990s.

Vallila National Theatre

Since the autumn of 2020, the Vallila National Theatre has been serving as one of the stages of the Finnish National Theatre.

Folks Hotel Konepaja & Restaurant Albina

A lifestyle hotel operating in the former VR train factory. The excellent restaurant and wine bar Albina operates in connection with the hotel.

KORJAAMO CULTURE FACTORY

Established in 2004, Korjaamo Culture Factory is a live music venue in an old, atmospheric tram hall in Töölö. The facilities include a restaurant and several event spaces.

Tram Museum

Trams, buses and the metro have been part of Helsinki and its residents' everyday life for more than 130 years.

Korjaamo Kino

Korjaamo Kino is an urban cinema that both premieres new films and screens beloved classics.

Photographic Gallery Hippolyte

Photographic Gallery Hippolyte is an exhibition space for contemporary art, the programme of which emphasises photography and its extended field.

CABLE FACTORY

Upon its completion in Ruoholahti in 1954, Cable Factory was Finland's biggest building. As the factory and telecommunication operations ceased in the late 1980s, cultural operators arrived with paintbrushes, instruments and creative ideas in the empty hallways of Cable Factory. Today, hundreds of lessees operating in the creative field are working in the area. Restaurant **Hima & Sali** operates at Cable Factory.

Cable Factory museums

The **Hotel and Restaurant Museum**, the **Finnish Museum of Photography** and the **Theatre Museum** opened their doors after renovations in the autumn of 2021. The three museums form a museum centre called Cable Museums at the Cable Factory.

Dance House Helsinki

Dance House Helsinki is the home of dance – Finland's first event and performance space dedicated to dance. The foundation of Dance House Helsinki was laid in January 2020, and the opening ceremony was held in the spring of 2022. Dance House Helsinki's programme partners are **Cirko – Centre for New Circus**, **Dance Theatre Hurjaruuth**, **Tero Saarinen Company** and **Zodiak – Centre for New Dance**.

TEURASTAMO

Located by Kalasatama, Teurastamo ('Slaughterhouse') is a former slaughterhouse from 1933 that was opened to the public in the autumn of 2012 and is currently bustling with new urban and food culture. In summertime, the yard area serves as a large terrace and living room for the city's residents, featuring a barbecue area for grilling locally purchased delicacies. The Teurastamo facilities even feature a sauna that can be rented for small groups!

SUVILAHTI

The site of the former Suvilahti power plant and gas plant comprises nine buildings, two gasometers and a yard area. The Suvilahti Cultural Centre is a home to everything from photographers to a brewery bar, a graffiti wall and gallery to a restaurant. Several theatre and circus companies also operate in the area. Suvilahti's facilities are used by various cultural actors and it is the venue to for many major events, such as the Flow Festival.

Urban Oases

1 KALLIO WALKING ROUTE

- 1 Hakaniemi Market and Market Hall
- 2 Karhupuisto – Bear Park
- 3 Kallio Church
- 4 Kotiharju Sauna
- 5 Riviera Kallio
- 6 Restaurant Cella

2 TRAIN FACTORY

- Vallila National Theatre
- Folks Hotel Konepaja & Restaurant Albina

3 KORJAAMO CULTURE FACTORY

- Tram Museum
- Korjaamo Kino
- Photographic Gallery Hippolyte

4 CABLE FACTORY

- Cable Factory museums
- Dance House Helsinki

5 TEURASTAMO

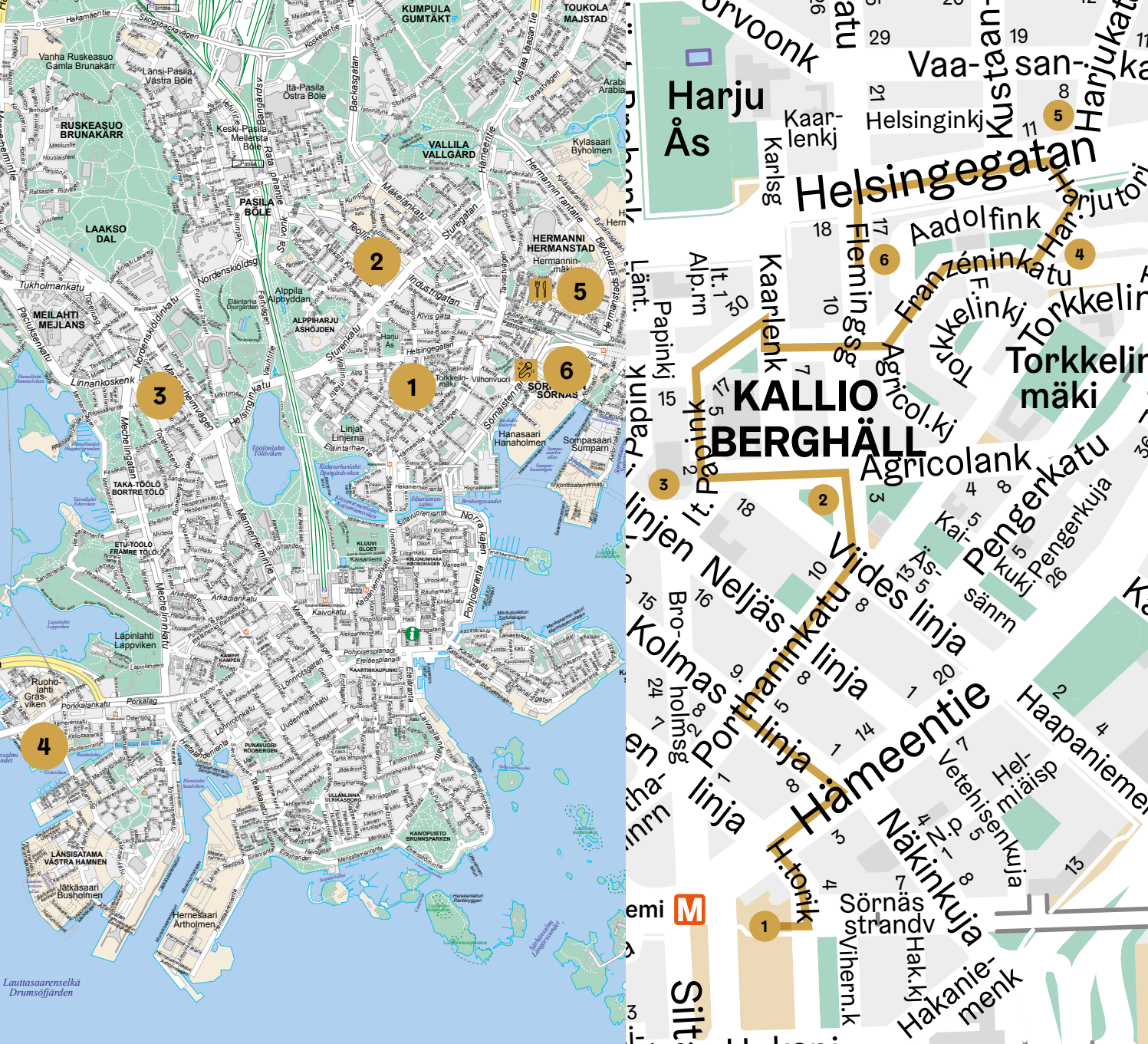
- Restaurant culture! 

6 SUVILAHTI

- Events! 

These urban areas invite you to enjoy the urban feel and a variety of events.

Check the ongoing events here: myhelsinki.fi



Useful Words and Phrases

English	Finnish
Can I please have...	Saisinko...
Check, please	Lasku kiitos
Where can I find...	Mistä löydän...
Thanks	Kiitos/kiitti
Hello	Moi
Bye bye	Moi moi
Good morning	Hyvää huomenta
Breakfast	Aamupala
Lunch	Lounas
Dinner	Illallinen
Water	Vesi
Beer	Olut
Red wine/white wine	Punaviini/valkoviini
Coffee	Kahvi
Cinnamon Bun	Korvapuusti
Karelian Pastry	Karjalanpiirakka
Cheers	Kippis
Harbour	Satama
Tram	Ratikka
Street	Katu
Money	Raha
Excuse me	Anteeksi

Helsinki Tourist Information

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